



## ROWING: COACHING STAFF EXPRESSION OF INTEREST

St Patrick's College is seeking expressions of interest for coaching staff for the 2018/19 rowing season. We are looking for community minded rowing enthusiasts and/or parents who are keen to actively participate in rowing camps, regattas, training, fundraising and social events.

St Patrick's College Rowing is an inclusive sport with a focus on the development of both rowing technique and personal attributes of students from Years 7 to 12, with particular emphasis on participation, safety, sportsmanship, community, friendship and teamwork.

St Patrick's College rowing facilities include the Lindsay Street Boat Shed and College campus training facilities which enable students to be physically, mentally and technically prepared for competition.

All new coaching staff will participate in a comprehensive induction program, with development opportunities on offer. Our aim is to provide the necessary skills, advice and guidelines for coaches to ensure rower wellbeing, safety and development, thus meeting our duty of care for rowers, coaches and parents.

Coaches play a vital role in both the sporting and the everyday life of the students they coach. Coaches are very influential in the lives of their rowers. Not only do coaches influence the skill development and enjoyment of the sport, but they also contribute to the development of the whole person. While at times it can be challenging, coaching is also a very satisfying role.

We are looking for coaches who are skilled in a number of areas. A knowledge of rowing is preferred but not essential; more importantly, applicants need good interpersonal and communication skills. It is not what you coach but how you coach that is important. We need well organised and prepared coaches who are able to adapt to the many and varied situations they may find themselves in.

Our experienced coaches will work with our new coaches to upskill applicants on the fundamentals of rowing.

For more information about these positions and the requirements, please contact St Patrick's College Rowing Coordinator Mr Andrew Smith at:  
[andrew.smith@stpatricks.tas.edu.au](mailto:andrew.smith@stpatricks.tas.edu.au).