

School Holiday Activities for Youth aged 14 +

Phone 6344 2411 or email info@pcyclaunceston.org.au - Bookings essential. T&C apply

Monday 16 & 23 April	9:30-11:00 Jiu-Jitsu – Karate \$10		Wednesday 18 April 9:30-11:00	Thursday 19 & 26 April 9:30-11:00	Friday 20 & 27 April 9:15-10:00	Saturday 21 April 9am – 12noon
			Krav Maga – Self Defence	Boxing	Yoga	Rock Climbing
			\$14	\$10	\$10	\$5 youth week special
11.30-12.30	11.30-12.30		11.30-12.30	11.30-12.30	11.30-12.30	
Youth Fitness Class	Youth Fitness Class		Youth Fitness Class	Youth Fitness Class	Youth Fitness Class	
FREE youth week special	FREE youth week special		FREE youth week special	FREE youth week special	FREE youth week special	
	1:00-2:00	1:00-1:40	1:00-2:00	1:00-1:40	1:00-1:40	
	Table Tennis	Bollywood	½ Court Basketball	Bollywood Hip Hop	Bollywood Zumba	
	Tournament	Hip Hop \$10	\$2	\$10	\$10	
	\$2					
	2:30-3:30		2:30-3:30	2:30-3:30	2:30-3:30	
	Free G Trampolining		Free G Trampolining	Free G Trampolining	Free G Trampolining	
	\$10		\$10	\$10	\$10	
4:00-5:30	4:00-5:30		4:00-5:30	4:00-5:30	4:00-5:30	
Op Res – Youth Circuit	Op Res – Youth Circuit		Iron Disciples – Youth	Op Res – Youth Circuit	Iron Disciples – Youth	
\$2	\$2		Weight Lifting - \$2	\$2	Weight Lifting - \$2	
				Rock Climbing	Rock Climbing	
				5pm – 8 pm	5pm – 8 pm	
				\$5 youth week special	\$5 youth week special	
	All Sessions \$28		All Sessions \$22	All Sessions \$32	All Sessions \$32	



School Holiday Activities for children aged 8 - 13

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Monday 16 & 23 April	Tuesday 17 & 24 April		Wednesday 18 April	Thursday 19 & 26 April	Friday 20 &27 April	Saturday 21 & 28 April
9:30-10:30			9:30-11:00	9:30-10:30	9:15-10:00	9am – 12noon
Gymnastics			Rockwall	Gymnastics	Yoga	Rock Climbing
\$10			\$10	\$10	\$10	\$5 youth week special
	11:30-12:30 Jiu-Jitsu-Karate \$10		11:30-12:30	11:30-12:30	10:30-11:30	
			Krav Maga – Self Defence	Boxing	Tumbling	
			\$14	\$10	\$10	
	2:00-3:00	2:00-2:40	2:00-3:00	2:00-2:40	2:00-2:40	
	Table Tennis	Bollywood	½ Court Basketball	Bollywood Hip Hop	Bollywood Zumba	
	Tournament	Нір Нор	\$2	\$10	\$10	
	\$2	\$10				
	3:30-4:30 Pre G Trampolining \$10		3:30-4:30	3:30-4:30	3:30-4:30	
			Pre G Trampolining	Pre G Trampolining	Pre G Trampolining	
			\$10	\$10	\$10	
				Rock Climbing	Rock Climbing	
				5pm – 8 pm	5pm – 8 pm	
				\$5 youth week special	\$5 youth week special	
	All Sessions \$25		All Sessions \$30	All Sessions \$40	All Session \$40	
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