

St Thomas More's Catholic School

Term 3, 2025

IMPACT REPORT

THANK YOU FOR PARTNERING WITH TOP BLOKES THIS SEMESTER.

Every week at your school, we provided safe and supportive spaces for your male students to **meaningfully connect, explore their identities** independent of socially dominant forms of masculinity, **develop critical thinking skills** and build their knowledge and resilience.

This report shows the key outcomes of our work with young men at your school.

We measure these outcomes through surveys participants complete at the beginning and end of the program
We also survey school staff and supporters.



11

BOYS FROM YOUR SCHOOL PARTICIPATED IN THE TOP BLOKES PROGRAM IN THIS COHORT.

13

BOYS WE HAVE REACHED AT YOUR SCHOOL SINCE OUR RELATIONSHIP BEGAN.

WHAT'S CHANGED:

KEY INSIGHTS FROM PRE AND POST SURVEYS



	% AGREE PRE PROGRAM	% AGREE END OF PROGRAM	% CHANGE	% STUDENTS IMPROVED
I can talk to people about my feelings	55	73	18	45
I ask for help when I need it	45	64	19	27
I feel positive about the future	64	55	-9	36
Before making a decision, I think carefully about my options	36	27	-9	18
There are people in my life I can reach out to when I feel sad or upset	73	100	27	36



64%

I feel like I'm doing better at school since I started Top Blokes.



64%

Top Blokes showed me how to manage disagreements and arguments.



100%

Top Blokes helped me understand what is important to me in life.



73%

Top Blokes helped me get better at controlling my emotions.

NOTE: Survey results are from 12 participants who completed the pre and post survey. Percentage of students improved refers to those whose post-survey result was higher than their pre-survey result, including moving from 'strongly disagree' to 'disagree' or 'disagree' to 'neither agree or disagree'.

IN THEIR OWN WORDS...



FROM THE TOP BLOKES PARTICIPANTS AT YOUR SCHOOL

"To make me a better person"

"It has helped me to think before I speak"

"It has helped me to become a better person and friend and to think before I act"

"It has helped me feel more confident in going to high school and see people when I need help"

"It has helped me with my emotions"

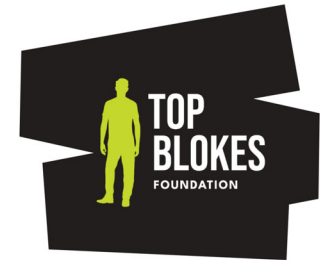
FROM THE TOP BLOKES MENTORS THAT SUPPORTED YOUR STUDENTS

Connecting with this remarkable group of young men online was a great experience. Over the term, the boys grew in confidence, engagement, and comfort - transforming from being relatively reserved to eager to participate and share.

Their hard work culminated in an impressive Graduation, where they enthusiastically recalled key lessons and shared the positive impact of the program.

We sincerely thank Mrs Ross, Mr Bailey, the wider school community and, of course, the boys for such an enjoyable experience. Congratulations on becoming Tasmania's first official Top Blokes and we look forward to hearing of the positive impact the boys have on their community!

THANK YOU FOR PARTNERING WITH US



Through the partnership between St Thomas More's Catholic School and Top Blokes, we have reached 13 young males.

We want to thank your young men for their hard work and dedication and thank you for your ongoing support.

We are excited to continue working with you and your students. Reach out to your Top Blokes contact to arrange the next program.



MORE INFORMATION

If you would like more information about this outcomes report and results for your young men, reach out to your Top Blokes contact or email info@topblokes.org.au